

## TUKI (Standard) Ingredient Information for People with Food Allergies and Sensitivities (Revised 22 April 2014)

This list is compiled based on product information supplied by Subway approved food manufacturers. Every effort is made to keep this list updated however it is possible that ingredient changes and substitutions may occur before this list can be updated. This chart does not include regional or special promotional items as ingredients may vary. Individual food items may come in contact with one another during food preparation and is not reflected on this chart.

Meats are made in a plant which handles nuts  Sandwiches 9-Grain wheat bread with lettuce, tomatoes, green peppers, cucumbers are	Egg	Fish	Milk/Lactose	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	Wheat	Gluten	Sulphites	Celery	Mustard	Lupin	Molluscs
Beef	iu reu	OHIOH	o.				0		0	0					
Big Beef Melt			0				0		0	0					
Chicken & Bacon Ranch Melt (includes Monterey Jack cheese)	0		0				0		0	0					
Chicken Breast							0		0	0					
Chicken Tikka			0				0		0	0					
Chicken Tandoori			0				0		0	0					
Ham			0				0		0	0					
Italian B.M.T.®			0				0		0	0			0		
Meatball Marinara	0		0				0		0	0					
Spicy Italian							0		0	0			0		
Steak & Cheese			0				0		0	٥		0		oxdot	
Subway Club®			0				0		0	0					
Subway Melt™ (includes American cheese)			٥				0		0	0					
Chicken Teriyaki Tuna		_			0		0		0	0		0	_		
Turkey Breast	0	0					0		0	0			0		
Turkey Breast & Ham			0				0		0	0					
Veggie Delite®			Ů				0		0	0					
Veggie Patty	0		0				0		0	0		0			
Salads with lettuce, tomatoes, green peppers, cucumbers and red onions	Ū		Ū				Ū		Ū	Ü		Ū			
Beef			0												
Chicken & Bacon Ranch Melt (includes Monterey Jack cheese)	0		0											$\Box$	
Chicken Tikka	Ŭ		0						0	0					
Chicken Breast			Ť							•					
Chicken Tandoori			0												
Ham			0						*					$\Box$	
Italian B.M.T.®			0						*				0		
Meatball Marinara	0		0				0		0	0					
Spicy Italian									*				0		
Steak & Cheese (with American Cheese)			0				0		0	0		0			
Subway Club®			0						*						
Subway Melt™ (includes American cheese)			٥				٥		*						
Chicken Teriyaki					0		0		*	0		0			
Tuna	0	0							*				0		
Turkey Breast & Ham			_						*						
Turkey Breast & Ham Veggie Delite®			0												
Veggie Patty	0		0				0		0	0		0		$\blacksquare$	
Bread	Ü		Ū				Ü		Ū	Ů		Ū			
9-Grain Honey Oat							0		0	0	0				
9-Grain Wheat							o		0	0	Ť				
Hearty Italian							0		0	0					
Italian							0		0	0					
Italian Herbs and Cheese			0				0		0	0					
Wrap							0		0	0					
Flatbread			0						0	0					
Meat, Poultry, Seafood, Eggs and Veggie Patty															
Bacon Strips															
Beef Beef			0												
Beef Patty Chicken strips							0		0						
Chicken, teriyaki glazed					0		_		•	0		0			
Chicken, tenyaki giazed Chicken Tikka			0		, ,		0		0	0		"			
Chicken Tandoori			0						)						
Egg Omelette	0		0												
Ham			0						*						
Italian B.M.T.® meats (ham, pepperoni, salami)			ō						*				0		
Meatballs & Marinara Sauce	0		0				0		0	0					
Sausage									0	0					
Spicy Italian meats (pepperoni & salami)									*				0		
Steak							0		0	0		0			
Tuna (with Mayo)	0	0							*				0		



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Meals are made in a plant which handles nuts   1	marriadar reed herrie may come in contact mar erre arrearer daring reed proparation and						_									
Turkey Breast	Meats are made in a plant which handles nuts	Egg	Fish	Milk/Lactose	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	Wheat	Gluten	Sulphites	Celery	Mustard	Lupin	Molluscs
Veggle Pathy	Turkey Breast									*						
Cheese		0		0				0		0	0		0			
Monterly Jack/Cheddar Shredded Cheese																
Peppered Silced Cheese	American Style Processed Cheese			0												
Peppered Silced Cheese				0												
Canalinants & Toppings				0				0								
Barbecuc Sauce Caesar O O O O O O O O O O O O O O O O O O O																
Chipotle Southwest Sauce  Honey Mustard Sauce  Honey Mustard Sauce  Light Mayonnaise  Ranch Dressing  Sweet Chiir Sauce  Sweet	Barbecue Sauce												0	0		
Honey Mustard Sauce Hot Chill Sauce Light Mayonaise O O O O O O O O O O O O O O O O O O O		0		0						0	0					
Honey Mustard Sauce Hot Chill Sauce Light Mayonaise O O O O O O O O O O O O O O O O O O O		0		0						0	0			0		
Hot Chili Sauce										*		0		0		
Ranch Dressing   O   O   O   O   O   O   O   O   O																
Ranch Dressing   O   O   O   O   O   O   O   O   O	Light Mayonnaise	0								*				0		
Sweet Chili Sauce         Sweet Chili Sauce (contains poppy seeds)         Image: Contains poppy seeds) <t< td=""><td></td><td>0</td><td></td><td>0</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>		0		0												
Teriyaki Glaze Thousand Island O O O O O O O O O O O O O O O O O O O										*						
Teriyaki Glaze Thousand Island O O O O O O O O O O O O O O O O O O O	Sweet Onion Sauce (contains poppy seeds)													0		
Marinara Sauce         0						0		0		0	0		0			
Raita Mint Sauce	Thousand Island	0								0	0					
Jalapenos         Image: Control of the control o	Marinara Sauce							0								
Olives         Image: Control of the Control of t	Raita Mint Sauce			0												
Pickles         Image: Cookies of the cookies of	Jalapenos											0				
Fresh Vegetables - lettuce, tomatoes, cucumbers, green peppers and red onions         Image: color of the color of t	Olives															
Cookies**, Donuts & Muffins           Chocolate Chip Cookie Dough         0         0         0         ***         0	Pickles															
Cookies**, Donuts & Muffins           Chocolate Chip Cookie Dough         0         0         0         ***         0	Fresh Vegetables - lettuce, tomatoes, cucumbers, green peppers and red onions															
Rainbow       0 </td <td></td>																
Chocolate Chunk         0	Chocolate Chip Cookie Dough	0		0				0	**	0	0					
Double Choc Chip         O         O         O         **         O		0		0				0	**	0	0					
Oatmeal Raisin         O         O         White Chocolate Muffin         O         O         White Chocolate Muffin         O         O         O         White Chocolate Muffin         O	Chocolate Chunk	0		0				0		0	0					
Raspberry Cheese Cake Cookie Dough	Double Choc Chip	0		0				0	**	0	0					
White Chocolate Macadamia Nut         0	Oatmeal Raisin	0		0					**	0	0					
Blueberry Muffin         O	Raspberry Cheese Cake Cookie Dough	0		0				0	**	0	0					
Triple Chocolate Muffin         O	White Chocolate Macadamia Nut	0		0				0	0	0	0					
Chocolate Donut O O O O O O O O O O O O O O O O O O O		0		0				0		0	0					
		0		0				0		0	0					
Sugar Donut O O O O O O	Chocolate Donut			0				0		0	0					
	Sugar Donut			0				0		0	0					

- ▲=Allergen info for additional condiments and breads are listed separately on this chart.
- o = CONTAINS
- \*= Only wheat derived ingredient is dextrose or glucose syrup derived from wheat.
- \*\*=Due to the nature of how the cookies are stored cookies may come in contact with other nut containing cookies.

Meats are made in a plant which handles nuts