

# Allergen Information

Within the normal operating environment, it is not possible to guarantee that Sub and salad ingredients are 100% free from allergen cross-contact.

Our products are produced in factories which handle nuts and peanuts.

	Eggs	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Nuts	Cereals containing Gluten	Sulphites	Celery	Mustard	Lupin	Molluscs	
<b>Bread</b>															
Italian (White) Bread*									1						
9-Grain Wheat Bread*									1, 2, 3, 4, 5						
9-Grain Multi seed Bread*									1, 2, 3, 4, 5						
9-Grain Honey & Oat Bread									1, 2, 3, 4, 5						
Hearty Italian Bread*									1						
Italian Herb & Cheese Bread									1						
Gluten Free Bread*															
Chilli & Paprika Bread*									1						
Tomato Basil Wrap*									1						
Flatbread									1, 4						
Spinach Wrap*									1						
Ciabatta Bread*									1						
<b>Meat, Poultry, Seafood, Eggs and Vegan Patty/Veggie Patty*</b>															
Roast Chicken Breast Strips									1						
Teriyaki Glazed Chicken Breast									1						
Chicken Tikka									1						
Rotisserie-Style Chicken*															
Ham‡															
Turkey Breast‡															
Maple Cured Streaky Bacon															
Back Bacon‡															
Pepperoni															
Salami															
Meatballs (in Marinara Sauce)									1						
Sausage									1						
Steak‡ (made with shaved steak strips, green pepper and onion)									3						
Chorizo															
Tuna (with Lite Mayonnaise)															
Egg Omelette															
Poached Egg															
Meatless Meatball* (in Marinara Sauce*)									1, 3						
Vegan Patty*									1						
Veggie Patty*									1						
<b>Cheese &amp; Vegetables</b>															
<b>American Cheese</b>															
Shredded Mozzarella & Cheddar Cheese															
Italian Hard Cheese															
Peppered Cheese (IOI)															
Vegan Cheese*															
Olives*															
Pickles*															
Jalapeños															
Sweetcorn*															
Guacamole															
Diced Beetroot*															
Chopped SunBlush™ Tomatoes*															
Crispy Onions									1						
Lettuce*, Cucumber*, Tri-Colour Peppers*, Tomato*, Onion*, Carrot*, Spinach*															
<b>Sauces &amp; Condiments</b>															
Hickory Smoked Barbecue Sauce									3						
Chipotle Southwest Sauce															
Honey & Wholegrain Mustard Sauce															
Lite Mayonnaise															
Sticky Sweet Chilli Sauce*															
Sweet Onion Sauce* (Contains Poppy seeds)															
Tomato Ketchup*															
Sriracha Sauce															
Caesar Sauce															
Salsa*															
Marinara Sauce*															
HP Brown Sauce*									2, 3						
Vinaigrette Dressing*															
Vegan Garlic Aioli*															
Sea Salt* / Mixed Peppercorns* / Chilli Flakes* / Oregano*															
Ranch Sauce															
<b>Cookies*, Donuts &amp; Muffins</b>															
Chocolate Chunk Cookie								**	1						
Double Chocolate Cookie								**	1						
White Chip Macadamia Nut Cookie								14	1						
Oatmeal Raisin Cookie								**	1, 4						
Rainbow Cookie								**	1						
Cadbury's® Caramel Muffin								**	1						
Nutella® Muffin								8	1						
Oreo® Muffin								**	1						
Sugar Donut								**	1						
Choco Donut								**	1						
Mince Pie Cookie								8	1						
Chocolate Orange Cookie								**	1						
Dark Chocolate and Ginger Cookie								**	1						
<b>Soups</b>															
Carrot and Coriander									1, 3						
Country Chicken and Vegetable									1, 3						
Cream of Chicken									1, 3						
Leek and Potato															
Minestrone									1						
Red Pepper and Tomato									3						
Tomato									1						
Wild Mushroom									1, 3						
Beef Goulash									1, 3						
Thai Style Vegetable															
Cream of Mushroom															
<b>Miscellaneous items</b>															
Nachos (Doritos® Lightly Salted)															
Hash Browns*															
Flavoured Coffee Syrups: Vanilla*, Gingerbread*, Caramel*, Chocolate*															
Flavoured Coffee Syrups: Hazelnut*								8							
Coffee* / Tea*															
Cappuccino / Latte / Hot Chocolate / Chocolate Sprinkles (for Cappuccino)															
Fountain drinks*: Robinsons Apple And Blackcurrant															
Fountain drinks*: Other															
Garlic & Parsley Spread															

\*Formed meat. Our Vegan products are made using vegan ingredients. However within normal operating environments our vegan ingredients may come into contact with non-vegan ingredients. †May come into contact with non-vegetarian items. ‡Hand torn in-store, 100% chicken breast marinated, seared and cooked in its own juices. #Beechwood Naturally Smoked Back Bacon with added smoke flavour.

■ = CONTAINS

\*\* = Due to the nature of storage, product may come into contact with nuts.

IOI = Only available in the Island of Ireland

Grains (gluten)	
1	Wheat
2	Rye
3	Barley
4	Oat
5	Spelt
6	Kamut

Nuts	
7	Almond
8	Hazelnut
9	Walnut
10	Cashew nut
11	Pecan nut
12	Brazil nut
13	Pistachio
14	Macadamia nut

Store product range may vary from the above selection. Please refer to your Sandwich Artist™ with any questions related to items not shown on this chart. Correct at time of printing (19/12/2019). ©2020 Subway IP LLC. Subway® is a registered trademark of Subway IP LLC.